

Audit of the Mental Health resources in the libraries – March 2022

KS1 Library

A very small selection of healthy eating and healthy body book

KS2 Library

Fish tank (but it needs a clean!)

PSHE books

What can we do about this?

Our Wish Lists

Finger puppets, mindfulness books, calming ideas, worry books/stories, things to photocopy.

Ideas of books:

The Unworry book

Ruby's worry

The huge bag of worries

The Worrysaurus

How big are your worries little bear

The colour monster

The very hungry worry monsters

The Hug

Be Kind



