

# WEEK 1 MENU

W/C 31.10.22, / 21.11.22, / 12.12.22  
/ 03.01.23 / 23.01.23 / 06.03.23  
27,03,23



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>WORLD FOOD DAY</b>	<b>STREET FOOD DAY</b>	<b>ORIGINALS DAY</b>	<b>PLANET EARTH DAY</b>	<b>FRIDAY FAVOURITES</b>
<b>MAIN 1</b>	Sausage & Onion Gravy	Mild Beef Chilli Con Carne	Roast Gammon	Beef & Vegetable Lasagne	Fish Fingers
<b>Main 2</b>	Quorn Sausage & Gravy	Three Bean Chilli	Roast Quorn Fillet	Macaroni Cheese	Quorn Dippers
<b>Carbohydrates</b>	Mashed Potato	Braised Turmeric Rice	Roasted Potatoes	Garlic Bread	Oven Baked Chips
<b>Vegetables</b>	Garden Peas & Carrots	Broccoli & Carrots	Mixed Vegetables	Green Beans & Sweetcorn	Garden Peas
<b>Desserts</b>	Autumn Cake Organic Yoghurts	Chocolate Sponge & Custard Organic Yoghurts	Strawberry Mousse Organic Yoghurts	Mixed Melon Pots Organic Yoghurts	Vanilla Ice Cream Organic Yoghurts

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad - Breads (white or wholemeal)

**Future 50** Contains one or more of the top 50 most sustainable foods in the world!

**V** Vegetarian **Ve** Vegan **O** Organic

For allergen content please speak to member of staff who will be happy to assist



Working together

# WEEK 2 MENU

W/C - 07.11.22/28.11.2022,  
09.01.23/30.01.2023/ 21.02.2023  
13.03.2023



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Cottage Pie	Margarita Pizza	Roast Chicken	Braised Turkey Meatballs in Tomato Sauce	Oven Baked Breaded Fish
Main 2	Winter Vegetable & Lentil Champ Pie	Cheese & Tomato Panini	Roasted Quorn Fillet	Vegan Meatballs	Quorn Hot Dog
Carbohydrates	Mashed Potato	Oven Baked Wedges	Roasted Potatoes	Penne Pasta	Oven Baked Chips
Vegetables	Garden Peas	Sweetcorn & Mixed Peppers	Mixed Winter Vegetables	Green Beans * Carrots	Garden Peas Baked Beans
Desserts	Vanilla Sponge & Custard Organic Yoghurts	Fruity Yoghurt Fool Organic Yoghurts	Chocolate Mousse Organic Yoghurts	Orange & Cinnamon Drizzle Cake Organic Yoghurts	Vanilla Cookie Organic Yoghurts

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad - Breads (white or wholemeal)



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Vegetarian



Vegan



Organic

For allergen content please speak to member of staff who will be happy to assist



Working together

# WEEK 3 MENU

W/C - 14.11.22/ 05.12.22/  
16.01.23/ 06.02.23/ 27.02.23/  
20.03.23



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>STREET FOOD DAY</b>	<b>WORLD FOOD DAY</b>	<b>ORIGINALS DAY</b>	<b>PLANET EARTH DAY</b>	<b>FRIDAY FAVOURITES</b>
<b>MAIN 1</b>	Louisiana Baked Chicken	Spaghetti Bolognese	Roast Pork	Chicken & Vegetable Pie	Oven Baked Fish Fingers
<b>Main 2</b>	Mixed Bean Enchiladas	Roasted Vegetable & Tomato Gnocchi	Roast Quorn Fillet	Roasted Vegetable Plait	Margarita Pizza
<b>Carbohydrates</b>	Potato Wedges	Garlic Bread	Roast Potatoes	Creamy Mashed Potato	Oven Baked Chips
<b>Vegetables</b>	Sweetcorn & Mixed Peppers	Green Beans	Mixed Winter Vegetables	Broccoli & Sliced Carrots	Garden Peas Baked Beans
<b>Desserts</b>	Chocolate & Beetroot Brownie Organic Yoghurts	Apricot Cake Organic Yoghurts	Raspberry Mousse Organic Yoghurts	Apple & Yoghurt Pudding Organic Yoghurts	Vanilla Cookie Organic Yoghurts

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad, breads (white or wholemeal)



**Future 50** Contains one or more of the top 50 most sustainable foods in the world!



**Vegetarian**



**Vegan**



**Organic**

For allergen content please speak to member of staff who will be happy to assist

