

## Knowledge

I know that there are universal rights for all children but for many children these rights are not met

I understand that my actions affect other people locally and globally

I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities

I understand how an individual's behaviour can impact on a group

I understand how democracy and having a voice benefits the school community

## The Jigsaw Charter

We take turns to speak

We use kind and positive words

We listen to each other

We have the right to pass

We only use names when giving compliments or when being positive

We respect each other's privacy (confidentiality)



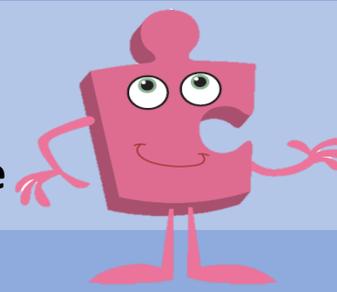
These children do not go to school.



Their families feel it is better for them to work on the cocoa plantation rather than get an education. Some of the children in this picture have dreams to be teachers and doctors.

## Key Vocabulary





## Knowledge

I understand there are different perceptions about what normal means

I understand how having a disability could affect someone's life

I can explain some of the ways in which one person or a group can have power over another

I know some of the reasons why people use bullying behaviours

I can give examples of people with disabilities who lead amazing lives

I can explain ways in which difference can be a source of conflict and a cause for celebration

I can describe some ways in which I can work with other people to help make the world a better place

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## Key Vocabulary



empathy



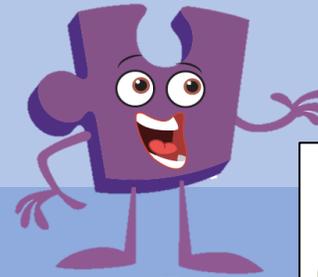
disability



attitude



appreciate



## Knowledge

I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of-school goal)

I know what some people in my class like or admire about me and can accept their praise

I understand why it is important to stretch the boundaries of my current learning



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My Goal

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GOAL  
How I know I have achieved my goal...

Strengths to help me ...

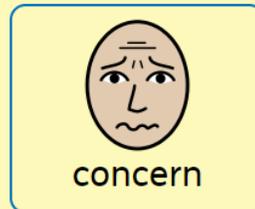
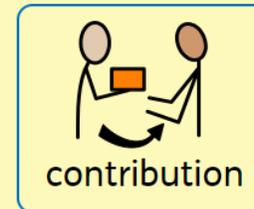
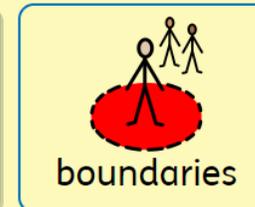
3

Strengths to help me ...

2

1

## Key Vocabulary





## Knowledge

I know the impact of food on the body, e.g. creating energy, giving comfort and altering mood

I know about different types of drugs and their uses and their effects on the body particularly the liver and heart

I know and can put into practice basic emergency aid procedures (e.g. the recovery position) and know how to get help in emergency situations

I understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness

I know how to keep myself safe to avoid emergencies and also how to deal with emergencies if they happen

I understand how stress can cause alcohol misuse

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Mario is 13. His dad is out of work.

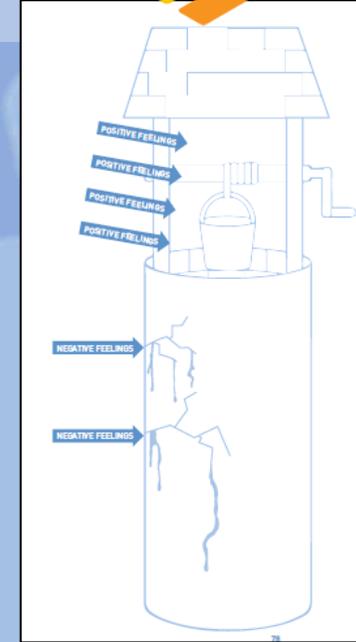
Gangs are good for money. We earn it by doing illegal things like stealing and selling drugs. It's dangerous work but if I get more involved, I can earn more, and be a more powerful gang member.

Maisy is 15. Her parents have just separated and she is upset about it.

Gangs are a way of life. All my brothers and sisters are in the local gang. So are all their friends. I'll be expected to join the gang at some point to show my respect.

Jacen is 16. He doesn't enjoy school and finds all the subjects boring.

Gangs are a way of belonging. When I'm part of the gang it gives me an identity.



## Key Vocabulary



misuse

999



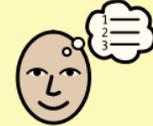
emergency



stress



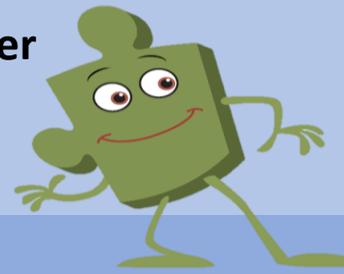
pressure



strategies



anti-social



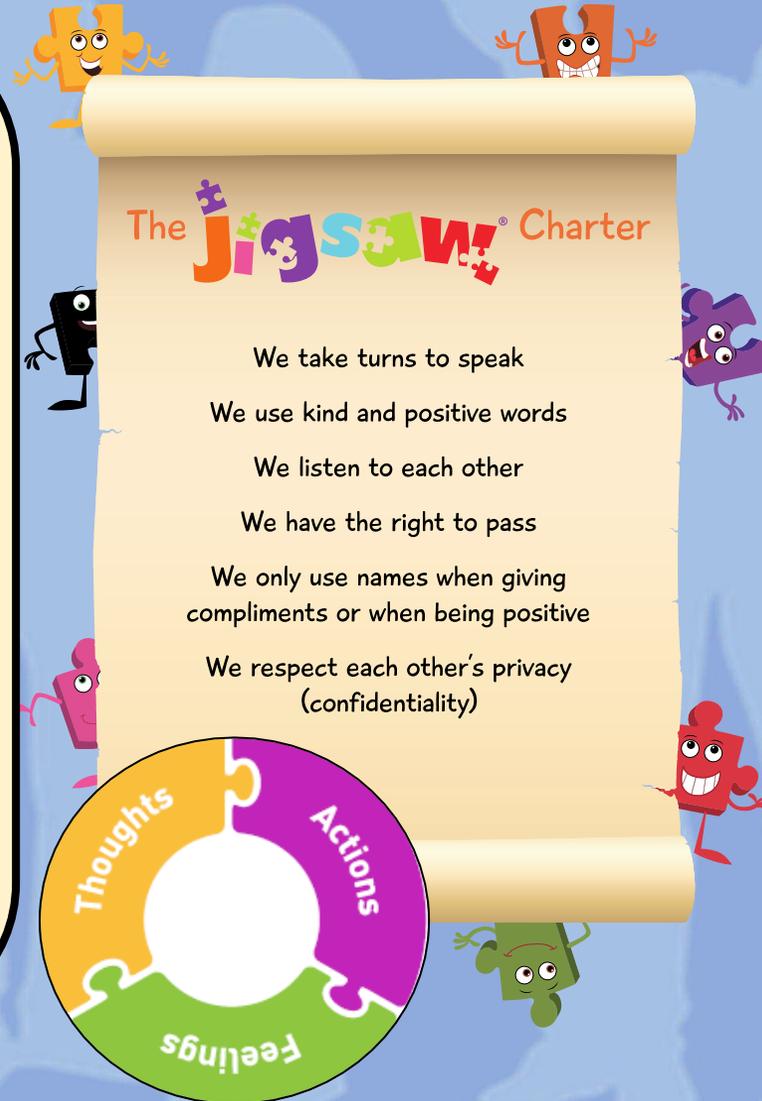
## Knowledge

I understand how it feels to have people in my life that are special to me

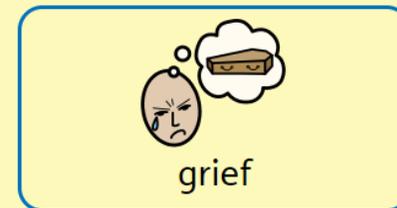
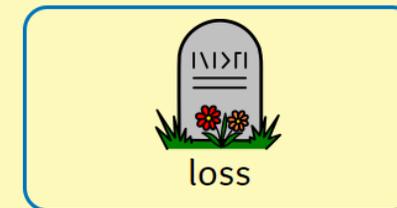
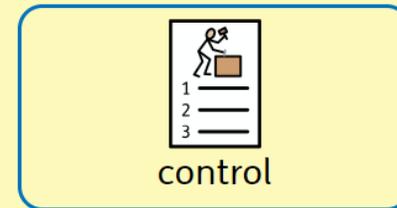
I know some of the feelings we can have when someone dies or leaves

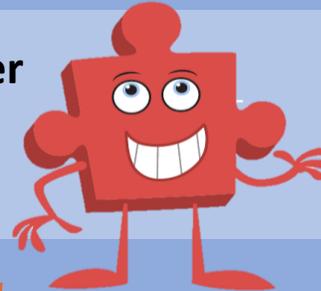
I understand that there are different stages of grief and that there are different types of loss that cause people to grieve

I understand how technology can be used to try to gain power or control and I can use strategies to prevent this from happening



## Key Vocabulary





## Knowledge

I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally

I can ask the questions I need answered about changes during puberty

I know how to develop my own self esteem

I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born

I understand how being physically attracted to someone changes the nature of the relationship

I know how to prepare myself emotionally for starting secondary



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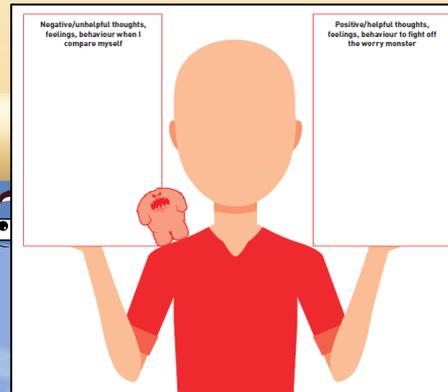
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If you get spots during puberty it's because you have a bad diet.

**Myth!** The changes in hormone levels in your blood mean you're more liable to spots - but you can help by eating well and washing and cleansing your skin thoroughly.

Girls get hairy legs, just like boys do.

**Truth!** Girls and women do grow hair on their legs, though probably not so much as boys. You might not realise it, since they often shave their legs because they think they look better without hair.

A girl should avoid having baths when she has a period.

**Myth!** Keeping clean is more important than ever when you have a period, so bathing and hair washing are the right thing to do - and swimming and other forms of exercise are fine too.

Most boys have wet dreams at some time during puberty.

**Truth!** Wet dreams are a very common part of the way the body adjusts to new feelings and to changes like starting to produce semen. It usually settles down after a while - there's nothing wrong with it.

## Key Vocabulary



puberty



conception



pregnancy



transition



changes



concern