

Curriculum Statement for PE

Intent

What we aim to achieve:

The intent for Physical Education at Red Oaks Primary is for it to be a unique process of learning. It is a Foundation Subject within the National Curriculum.

The 5 key 'Sports Premium' initiatives will underpin our whole school aims and philosophy;

1. The engagement of all pupils in regular physical activity – laying the foundations for healthy active lifestyles for the future.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport both within the school and wider community.

Our intent is to enable children to become physically educated within a clear progression of skills by giving them the opportunity to:

1. Develop physical and cognitive competence as well as the skills of planning, performing and evaluating.
2. Promote physical activity and a healthy lifestyle;
3. Develop positive attitudes;
4. Ensure safe practice;
5. Develop problem solving skills and interpersonal skills which will have a much wider application.

Implementation

How we will achieve this:

1. To intent is to develop physical and cognitive competence as well as the skills of planning, performing and evaluating and will be implemented through;

- Knowing about factors which influence efficient and effective performance;
- Knowing how to improve their own performance and that of others by engaging in the continual process of reflection, selection, refinement, adapting and evaluation;
- Practising and consolidating movement concepts and motor skills in dance, games and gymnastics;
- Children in Key Stage 2 experiencing athletic activities, outdoor and adventurous activities and swimming in addition to the core programme;
- EYFS children developing skills such as gross motor development and fine motor skills as well as helping think about ways to keep healthy and safe as described in the physical development section of the Early Learning Goals.

2. The intent is to promote physical activity and a healthy lifestyle and will be implemented through:

- Enabling children to understand the effects of exercise on the body;
- Encouraging children to select and engage in regular physical activity;
- Enabling children to following the local PSHE scheme of work;
- Encouraging children to be aware of opportunities in local clubs and the community which cater for primary age children;
- Only allowing the eating of fruit and vegetables at break times;
- Running a mixture of paid and free school clubs which all children are welcome to join and others where we actively target other groups of children.

3. The intent is to develop positive attitudes and will be implemented through:

- Encouraging children to exhibit such personal qualities as perseverance, self-worth, well-being and humility;
- Enabling children to understand and show appreciation of fair play and good team work.

4. The intent is to ensure safe practice and will be implemented through:

- The importance of routine procedures and factors which affect safety being reinforced and explained to the children regularly;
- Ensuring the children and all staff appreciate the principles of safe practice, risk assessments and take responsibility for personal practice.

5. The intent is to develop problem solving skills and interpersonal skills which will have a much wider application and be implemented by children through:

- Working collaboratively as individuals, pairs and members of a group in solving problems;
- Expressing independent opinions;
- Expressing interest, enjoyment, motivation and enthusiasm for physical activity.

Impact

How do we measure the impact:

The impact of the P.E. curriculum will be the responsibility of the curriculum leaders. Opportunities for assessment will be identified during planning and pupils will receive ongoing teacher assessment through the use of the PE Passport. These assessments will be directly related to the learning objectives and form part of the end of unit evaluation and the overall impact of the subject across the school. Information will be shared with pupils, teachers and parents in either a written or oral form during the year as appropriate.